

PSYC 329 : Theories of Psychotherapy and Counseling

This course provides students with a basic knowledge of the varied theories and techniques used in professional psychotherapy and counseling. Both academic and experiential learning are included. This course should be particularly useful to students interested in careers in one of the helping professions. Enrollment is limited to 12 students.

Credits 3.0

Prerequisites

PSYC 100 plus two additional psychology courses and at least sophomore status.