

# Sport Studies

## Degree Type

Major

## Program Goals

The Sport Studies program utilizes four academic tracks to provide opportunities for students to develop the theoretical knowledge and practical skills consistent with industry best practices in Sport Management, Recreational and Athletic Administration and Coaching Education, and Sports Medicine. Coupled with the goals of the General Education program, tracks are designed to meet the standard requirements for preparation for entry level positions in the respective fields.

- In Sport Management, emphasis is on integrating academic courses in physical education with complementary courses in mathematics, business, economics and accounting.
- In Recreational and Athletic Administration and Coaching Education, emphasis is on integrating academic courses in physical education and management with complimentary courses in mathematics, business, economics, and accounting.
- In Sports Medicine, emphasis is on students wishing to pursue a career in sports medicine or related fields. Upon completion of this undergraduate program, students must apply to a Sports Medicine Graduate program to obtain certification in their desired field of study. Student cannot practice sports medicine with only this undergraduate degree.

All students are required to meet the College's requirements in the General Education program.

Through their experiences in the major, students are expected to:

- Demonstrate at least acceptable level competencies in the ability to effectively use critical thinking skills.
- Demonstrate at least acceptable level competencies in the ability to effectively use oral communication skills.
- Demonstrate at least acceptable level competencies in the ability to effectively use writing skills.
- Demonstrate at least acceptable level competencies in the ability to effectively use quantitative reasoning skills.
- Demonstrate at least acceptable level competencies in the ability to effectively use knowledge in the majors' content areas.

## Requirements for the Major

Majors in the Department are required to complete the following courses successfully:

Item #	Title	Credits
PHED 209	Diversity, Equity, and Inclusion in Sport	3
PHED 243	Sport, Exercise, and Performance Psychology	3
PHED 244	Philosophical-Historical Perspective of Physical Activities	3
PHED 337	Organization and Administration of Physical Activities	3
PHED 490	Senior Project	2-4
PHED 495	Comprehensive Exams	

All majors must also complete successfully one of the following tracks:

## Recreational and Athletic Administration & Coaching Education:

Item #	Title	Credits
PHED 110	Advanced Aquatics I (Lifeguarding)	3
PHED 175	Introduction to Teaching Physical Activities	3
PHED 178	Introduction to Sport and Recreation Management	3
PHED 214	Lab Analysis: Lifetime Sports (Golf & Tennis)	2
PHED 215	Lab Analysis: Lifelong Leisure Activities (Camping & Dance)	2
PHED 300	Officiating of Sports	3
PHED 326	Kinesiology	3
PHED 327	Physiology of Exercise	3
PHED 333	Adapted and Therapeutic Physical Activities	3
PHED 335	Legal Issues in Sports	3
PHED 336	Athletic Facility Management and Planning	3
PHED 355	Coaching Sport	3
PHED 471	Internship in Sports Administration	2
ACCT 202	Financial Accounting	3
ACCT 203	Managerial Accounting	3
BIOL 107	Human Biology	4
COMM 203	Principles of Advertising and Public Relations	3
PHED 338	Sport Marketing	3
COMM 206	Public Speaking and Announcing	3
ECON 201	Principles of Microeconomics	3
ECON 280	Managerial Economics	3
EDUC 203	Human Development	3
	MATH 105 or 281	3

## Sport Management:

Item #	Title	Credits
PHED 178	Introduction to Sport and Recreation Management	3
PHED 335	Legal Issues in Sports	3
PHED 336	Athletic Facility Management and Planning	3
PHED 471	Internship in Sports Administration	2
ACCT 202	Financial Accounting	3
ACCT 203	Managerial Accounting	3
PHED 338	Sport Marketing	3
COMM 203	Principles of Advertising and Public Relations	3
BUSI 222	Research Methods in Business	3
BUSI 287	Organizations and Human Behavior	3
BUSI 310	Principles of Marketing	3
BUSI 311	Principles of Management	3
BUSI 312	Principles of Corporate Finance	3
BUSI 482	Ethics in Business	3
COMM 206	Public Speaking and Announcing	3
ECON 201	Principles of Microeconomics	3
ECON 202	Principles of Macroeconomics	3
MATH 281	Statistical Methods I	3
MATH 282	Statistical Methods II	3
COMM 388	Electronic Media Skills for the Liberal Arts Student	1

## Sport Medicine:

Item #	Title	Credits
PHED 180	Introduction to Sport Medicine	3
PHED 240	Prevention and Care of Injuries	3
PHED 326	Kinesiology	3
PHED 327	Physiology of Exercise	3
PHED 341	Principles of Rehabilitation and Orthopedic Evaluation	3
PHED 380	Clinical Practicum in Sport Medicine I	1
PHED 381	Clinical Practicum in Sports Medicine II	1
PHED 472	Internship in Sports Medicine	4
BIOL 103	Introductory Biology I: Molecular Genetics, Cell, and Development	4
BIOL 107	Human Biology	4
BIOL 268	Human Anatomy and Physiology I	4
BIOL 269	Human Anatomy and Physiology II	4
BIOL 270	Human Nutrition	3
	CHEM 100 or 101	4
GENS 140	Medical Terminology	3
MATH 281	Statistical Methods I	3
	PHYS 103 or 201	4
PSYC 100	General Psychology	4
		<b>68-83</b>